

Master Grocery Shopping List

Fruit

- ___ Apples
- ___ Bananas
- ___ Berries
- ___ Grapes
- ___ Lemons / Limes
- ___ Oranges
- ___ Melon
- ___ Pears

Vegetables

- ___ Broccoli
- ___ Lettuce
- ___ Carrots
- ___ Celery
- ___ Cucumber
- ___ Onion
- ___ Potatoes
- ___ Tomatoes

Meats

- ___ Bacon
- ___ Deli
- ___ Sausage / Weiners
- ___ Chicken
- ___ Turkey
- ___ Ground Beef
- ___ Other Beef
- ___ Ham
- ___ Fish / Seafood

Breads / Bakery

- ___ Sliced Bread
- ___ Bagels / Muffins
- ___ Dinner Rolls
- ___ Tortillas
- ___ Donuts
- ___ Buns

Other

- ___
- ___

Dry Items

- ___ Cereal
- ___ Oatmeal
- ___ Pancake Mix
- ___ Crackers
- ___ Pasta
- ___ Rice
- ___ Beans
- ___ Spices

Canned Goods

- ___ Corn
- ___ Green Beans
- ___ Carrots
- ___ Beans
- ___ Peas
- ___ Tomato Sauce / Paste
- ___ Pasta Sauce
- ___ Fruit
- ___ Soup
- ___ Tuna
- ___ Baby Food
- ___ Formula

Condiments

- ___ Peanut Butter
- ___ Jelly
- ___ Ketchup
- ___ Mustard
- ___ Mayonnaise
- ___ Salad Dressing
- ___ Pickles
- ___ Olives
- ___ Peppers
- ___ Relish
- ___ Salsa
- ___ Syrup

Other

- ___
- ___

Baking

- ___ Sugar
- ___ Flour
- ___ Baking Powder
- ___ Cake Mix
- ___ Icing
- ___ Oil

Snacks & Sweets

- ___ Cookies
- ___ Dry Fruits
- ___ Popcorn
- ___ Chips
- ___ Dip
- ___ Pudding / Jell-O
- ___ Raisins

Dairy

- ___ Milk
- ___ Eggs
- ___ Butter / Margarine
- ___ Sliced Cheese
- ___ Cheddar Cheese
- ___ Other Cheese
- ___ Yogurt
- ___ Sour Cream

Miscellaneous

- ___ Light Bulbs
- ___ Batteries
- ___ Film
- ___ Diapers
- ___ Medicines
- ___ Vitamins
- ___ Pet Food

Other

- ___
- ___

Frozen Foods

- ___ Juice
- ___ Ice Cream
- ___ Frozen Vegetables
- ___ Pizza
- ___ Corn Dogs
- ___ Frozen Meals
- ___ Waffles

Beverages

- ___ Soft Drinks
- ___ Coffee
- ___ Tea
- ___ Juice
- ___ Water
- ___ Beer / Wine

Personal Care

- ___ Shampoo
- ___ Conditioner
- ___ Soap
- ___ Razors
- ___ Shaving Cream
- ___ Deodorant
- ___ Toothpaste
- ___ Toothbrush
- ___ Lotion

Household

- ___ Laundry Detergent
- ___ Bleach
- ___ Fabric Softener
- ___ Dishwasher Soap
- ___ Dish Soap
- ___ Cleaners
- ___ Furniture Polish
- ___ Window Cleaner
- ___ Trash Bags
- ___ Sandwich Bags
- ___ Aluminum Foil
- ___ Plastic Wrap
- ___ Paper Towels
- ___ Napkins
- ___ Toilet Paper
- ___ Facial Tissue